

## Triple P Primary Care

Consult 15-30 minutes individually with a facilitator  
3-4 times in person, over the phone or a combination of both  
to meet the needs of your family!

Choose from one or more of the topics listed below:

Positive Parenting 0-12 years
Supporting Your Partner
Being a Parent
Coping with Stress
Feeling Depressed After the Birth of your Baby
Home Safety
Preparing You Child for a New Baby
Balancing Work and Family

Preschoolers
Fighting and Aggression
Going Shopping
Interrupting
Disobedience II
Having Visitors
Traveling in the Car
Separation Problems
Nightmares and Night Terrors
Mealtime Problems

Infants
Promoting Development
Sleep Patterns
Crying
Separation Anxiety

Primary Schoolers
Lying
Swearing
ADHD
Bedwetting
Behavior at School
Being Bullied
Chores
Self-Esteem
Creativity
Fears
Homework
Sport
Stealing

Toddlers
Bedtime Problems
Whining
Wandering
Toilet Training
Tantrums
Sharing
Language
Independent Eating
Hurting Others
Disobedience I

For more information contact  
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or 740-652-7286



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.™*