



**Bedtime routines.  
Managing anger.  
Get tips on these  
topics and more!**

# Parents, Stay Positive!

## FREE Workshops

For parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 12.  
Learn how to get more of the behavior you like from your children and less of what you don't.

### In-person Classes

**August 26th - Dealing with Disobedience 4:30pm-6:30pm**

**September 2nd - Developing Good Bedtime Routines 4:30pm-6:30pm**

**September 9th - Hassle-free Mealtimes 4:30pm-6:30pm**

**Location:** Records Center 138 West Chestnut St., Lancaster, Ohio

- The power of positive parenting techniques
- What causes kids' behaviors
- Setting goals for change
- Tips on how to positive relationships
- Giving directions kids are likely to follow
- Recognizing progress and planning for the future

**Register  
NOW!**



**Registration Require: Call Laurie Clark at (740) 652-7285  
or scan QR code**

Education Facilitator: Stephanie Loudon