



**Bedtime routines.  
Managing anger.  
Get tips on these  
topics and more!**

# Parents, Stay Positive!

## FREE Workshops

For parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 12.  
Learn how to get more of the behavior you like from your children and less of what you don't.

### In-person Classes

**July 21st - Managing Fighting and Aggression 10am-12pm**

**August 13th - Dealing with Disobedience 10am-12pm**

**September 10th - Developing Good Bedtime Routines 6pm- 8pm**

**831 College Ave. Lancaster OH/East Conference Room**

**Register  
NOW!**

- The power of positive parenting techniques
- What causes kids' behaviors
- Setting goals for change
- Tips on how to reconnect with your child and build your positive relationship
- Giving directions kids are likely to follow
- Recognizing progress and planning for the future

Each participant will also have two to three one-on-one phone or Zoom call sessions with the group leaders to make the information *really* work for their families.

Education Facilitator: Stephanie Loudon

**To sign up, call Laurie Clark (740) 652-7285 or email [laurie.clark@fairfieldcountyohio.ov](mailto:laurie.clark@fairfieldcountyohio.ov)**