



**Bedtime routines.  
Managing anger.**

**Get tips on these  
topics and more!**

## **FREE Parenting Workshops**

**Positive Parenting Program – “Triple P”:**

Supportive, small group programs to connect with other parents about raising young children.  
You can attend **any** or **all** the classes below for **free!**

### **Dealing with Disobedience**

Get tips on how to get kids to listen and follow directions—and what to do when they don't

**Thursday, July 23 / 6:30-8:30pm**

### **Developing Good Bedtime Routines**

Get advice on getting your kid to go to bed—and staying there

**Thursday, July 30 / 6:30-8:30pm**

### **Managing Fighting and Aggression**

Learn strategies for teaching kids to solve problems and get along with others

**Thursday, August 6 / 6:30-8:30pm**

### **Hassle-Free Shopping with Children**

See how to plan for easy, calm trips out in public and how to deal when kids act up

**Thursday, August 13 / 6:30-8:30pm**

**Classes are currently scheduled to be held at the Agriculture Center, 831 College Avenue, Lancaster**

**\*\*In the event it is not feasible to have the class at this location, it will be held via ZOOM\*\***

**For more information and to register:**

**Contact Family, Adult and Children First Council at**

**[pamela.redding@fairfieldcountyohio.gov](mailto:pamela.redding@fairfieldcountyohio.gov) or 740-652-7287**



**Ohio Children's Trust Fund**  
*Ohio's Prevent Child Abuse America Chapter*



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.™*



Fairfield County Family, Adult  
and Children First Council –  
*Helping Every Child Succeed*