



Bedtime routines.  
Managing anger.

Get tips on these  
topics and more!

# FREE Parenting Workshops

**Positive Parenting Program – “Triple P”:** Supportive, small group programs to connect with other parents about raising young children.

You can attend **any** or **all** of the classes below for **free**.

**All classes are free of charge! Childcare is not provided.**

**Thursday, October 18th/1:00-3:00pm: [Dealing with Disobedience](#)**

Get tips on how to get kids to listen and follow directions—and what to do when they don’t.

**Thursday, October 25th/1:00-3:00pm: [Hassle-Free Shopping with Children](#)**

See how to plan for easy, calm trips out in public and how to deal when kids act up.

**Thursday, November 1st/1:00-3:00pm: [Managing Fighting and Anger](#)**

Learn strategies for teaching kids to solve problems and get along with others.

**Thursday, November 8th/1:00-3:00pm: [Developing Good Bedtime Routines](#)**

Get advice on getting your kid to go to bed—and staying there.

All classes will be held at the Agricultural Building, 831 College Avenue, Lancaster, OH. Contact the Fairfield County Family, Adult and Children First Council at 740-652-7287 or [pamela.redding@fairfieldcountyohio.gov](mailto:pamela.redding@fairfieldcountyohio.gov) to sign up.



**Ohio Children's Trust Fund**  
*Ohio's Prevent Child Abuse America Chapter*



Fairfield County Family, Adult  
and Children First Council –  
*Helping Every Child Succeed*



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.™*