

Family, Adult and Children First Council

Parent Education Classes

Fall / Winter / Spring 2020-2021

First Five Years

Parenting Children Ages Birth-5

3-week series

- November 30, December 7 & 14 9:30-11:30am at the Agriculture Center
- May 6, 13, 20 6:30-8:30pm at the Agriculture Center
- Online option: Have 60 days from start date to complete the program online at your own pace

Triple P Seminars (Level 4)

Parenting Children Ages Birth-10

5-week seminar series / 2 hours each week plus 3 one-on-one phone / in-person sessions

- February 4, 11, 18, 25 & March 4 6:30-8:30pm at the Agriculture Center
- May 4, 11, 18, 25 & June 1 6:30-8:30pm at the Agriculture Center

Triple P Workshops (Level 3)

Parenting Children Ages Birth-10

Individual workshops / 1.5 or 2 hours each class

- **Dealing with Disobedience**
 - November 16 6:00-7:30pm via Zoom,
 - March 8 6:30-8:30pm at the Agriculture Center
 - May 3 10:00-11:30am via Zoom
- **Developing Good Bedtime Routines**
 - November 23 6:00-7:30pm via Zoom
 - March 15 6:30-8:30pm at the Agriculture Center
 - May 10 10:00-11:30am via Zoom
- **Managing Fighting and Aggression**
 - November 30 6:00-7:30pm via Zoom
 - March 22 6:30-8:30pm at the Agriculture Center

- May 17 10:00-11:30am via Zoom
- **Hassle-Free Outings with Children**
 - December 7 6:00-7:30pm via Zoom
 - March 29 6:30-8:30pm at the Agriculture Center
 - May 24 10:00-11:30am via Zoom

Triple P Primary Care

Parenting Children Ages Birth-10

consult 15-30 minutes individually with a facilitator to meet the needs of your family

Active Parenting

Parenting Children Ages 5-12

4-week series / 2 hours each week

Online option: Have 60 days from start date to complete the program online at your own pace

Loving Solutions

Parenting Strong Willed Children Ages 5-10

6-week series / 2.5 hours each week

January 12, 19, 26, February 2, 9, 16 6:00-8:30pm at the Agriculture Center

Parent Project

Parenting Strong Willed Children Ages 12-18

10-week series / 3 hours each week

February 23, March 2, 9, 16, 23, 30, April 6, 13, 20 & 27 6:00-9:00pm at the Agriculture Center

Active Parenting for Stepfamilies

Parenting Children in Blended families

4-week series / 2 hours each week

November 17, 24, December 1 & 8 6:30-8:30pm at the Agriculture Center

