



Parent's Name: \_\_\_\_\_ Referral Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Phone: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

## Class(es) you are interested in:

- ☐ Triple P Primary Care (1on1)
- ☐ Triple P Level 3 Group Discussion
- ☐ Triple P Birth-12 Years
- ☐ Triple P Teen
- ☐ Triple P Stepping Stones
- ☐ Active Parenting-First Five Years
- ☐ Parent Project
- ☐ Other \_\_\_\_\_

Referring Agency: \_\_\_\_\_

Agency Representative: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

*See backside of this referral form for class descriptions.*

\* Please note that at times the Fairfield County Family and Children First Council, Parent Education Program, can offer support or solutions to help parents remove a barrier to attended parent education classes, but not always. These questions can help lead us to deeper conversation to problem solve.

Please check all the apply:

- ☐ I would need **childcare** services while I attend the parent education class.
- ☐ I would need **transportation** services to attend an in-person parent education class.
- ☐ A barrier I have to attending the parent education class is \_\_\_\_\_.

The Parent Education Facilitator teaching your class is

**Stephanie Loudon**

[stephanie.loudon@fairfieldcountyohio.gov](mailto:stephanie.loudon@fairfieldcountyohio.gov)

740-652-7281

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## FREE Parenting Classes for Parents and Caregivers

### Triple P Primary Care (one-on-one) – two to four sessions

A brief targeted intervention in a one-to-one format that assists parents and caregivers to develop parenting plans to manage behavioral issues that include tantrums, fighting, and aggressive behavior. With a strong focus on skill development like eating independently, toilet training and staying in bed at night. *Can be completed in-person or virtually.*

### Triple P Level 3 (Birth – 12 years) Discussion Group – five different topics

*Attend one or all!* Targeted for parents and caregivers with children from birth to 12 years who have mild to moderate behavioral difficulties. Level 3 interventions include five topics for parents: Dealing with Disobedience, Managing Fighting and Aggression, Developing Good Bedtime Routines, Hassle-free Shopping with Children, and Hassle-free Mealtimes with Children. *Completed in-person*

### Triple P Level 4 (Birth – 12 years) Discussion Group – five session series

For parents and caregivers of children from birth to 12 years with more severe behavioral difficulties. These classes cover Triple P's core positive parenting skills that can be adapted to a wide range of parenting situations. The curriculum emphasizes strategies for promoting children's development and help build a positive parent-child relationship, which is necessary for any of the strategies for managing misbehavior to be effective. *Completed in-person*

### Triple P Level 4 Stepping Stones (Birth – 12 years) Discussion Group – six session series

For parents and caregivers of children from birth to 12 years and who have a **disability or developmental delay**. This class will cover the power of positive parenting techniques, tips for strengthening your relationship with your child, encouraging positive behavior, strategies for teaching new skills and behaviors, managing misbehavior, and planning for difficult situations at home and in the community with special consideration for disabilities and delays. *Completed in-person*

### Triple Level 4 Teen (12-17 years) Discussion Group – five-session series

Triple P Teen is a broad-based parenting intervention for parents of teenagers up to 17 years old, who are interested in learning a variety of parenting skills. Parents will learn about the causes of adolescent behavior problems, setting specific goals, strategies to promote teenager's skills development, managing inappropriate behavior, teaching emotional self-regulation, and how to plan around risk-taking behavior or risky situations. *Completed in-person*

### First Five Years (Birth – 5 years) Group Setting – three to four session series

This class is for parents with children who are birth to five years of age. In this class we will talk about child development, interactions between you and your child, preventing problem behaviors, how to encouraging positive behavior, and preparing for school success. *Completed in-person*

### Parent Project (12-17 years) Group Setting – ten session series

A Parent's Guide to Changing Destructive Adolescent Behavior (CDAB). This is a parent education program that focuses on raising difficult teens and addresses the *most* destructive of adolescent behaviors. This class also includes free Mentor Academy for your teen-aged children 12-17 years and free childcare for your children under 12 years. Please let us know at registration if you think that you would like to utilize either of these services. *Completed in-person*