



Parenting is hard.
Let us help!

Parents, Stay Positive!

FREE 9-week Positive Parenting Workshop for parents and caregivers of pre-teens and teens. Take the guesswork out of parenting teenagers!

Group Teen Triple P

Classes will be offered Thursday evenings 6:15-7:45pm

Meeting Room A- April 20th, April 27th, May 11th, May 25th, 2023

Meeting Room C- June 8th, June 15th, 2023

This class will be held at the Pickerington Library

201 Opportunity Way Pickerington, OH 43147

You must register by Monday April 19th, 2023, to attend this class series.

Classes will cover:

- The power of positive parenting techniques
- Factors influencing teenagers' behavior
- Keeping track of teenager's behavior
- Developing positive relationships with teenagers
- Increasing desirable behavior
- Acknowledging teenagers' emotions

Each participant will also have 3 one-on-one phone sessions with the group leaders to make the information *really* work for their families.

For more information and to register contact Family, Adult and Children First Council at brandy.heeter@fairfieldcountyohio.gov or 740-652-7287.



NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™



Ohio Children's Trust Fund
Ohio's Prevent Child Abuse America Chapter