



Parenting is hard.  
Let us help!

## Parents, Stay Positive!

### Positive Parenting Program – *Triple P* FREE 5-Week Course

For parents and caregivers of children from birth through age 12

**Wednesday evenings**

**Oct 6<sup>th</sup>, Oct 13<sup>th</sup>, Oct 20<sup>th</sup>, Oct 27<sup>th</sup> & Nov 10<sup>th</sup> 6:00-8:00pm**

You must register by Oct 5<sup>th</sup> for the class

#### Classes will cover:

- Power of positive parenting techniques
- What causes kids' behaviors
- Setting goals for change
- Tips on how to reconnect with your child and build your positive relationship
- Giving directions kids are likely to follow

This 5-week program includes 3 one-on-one phone/in-person sessions with the group leader to make the information *really* work for their families.

For more information and to register contact

Family, Adult and Children First Council

at [brandy.heeter@fairfieldcountyohio.gov](mailto:brandy.heeter@fairfieldcountyohio.gov) or 740-652-7287



Fairfield County Family, Adult and Children First Council

– Helping Every Child Succeed –