



The Incredible Years®

The Incredible Years, developed by Dr. Carolyn Webster-Stratton, is a series of evidence-based early intervention programs for parents, teachers, and children, tailored to their specific age and developmental levels. The programs are delivered in small group or classroom settings and are led by “Group Leaders,” who are trained professionals from organizations such as schools, daycares, counseling centers, and other youth-focused facilities. We provide both online and in-person training workshops, offering organizations flexible training opportunities for their prospective Group Leaders.



Program Targets

- Families of children enrolled in daycare, preschool or early primary grades
- Preschool and early childhood teachers and children
- High risk socioeconomically disadvantaged families
- Child welfare system-involved families and foster parents
- Children with social, emotional and developmental issues including conduct problems, ADHD, language delays, and internalizing problems

Delivery Settings

- Head Start Centers
- Preschools
- Daycares
- Primary Grade Schools
- Mental Health Centers, Social Service Centers
- Community Health Centers and YMCAs
- Foster Parent Agencies
- Homes*, Churches, and Housing Centers
- Hospitals and Primary Care Practices
- Homeless Shelters and Jails

*Through our Home Coaching program models.

Program Outcomes

✓ **Parent Outcomes Include:** Reductions in depression and stress, increases in parent confidence, positive parent-child interactions and school involvement

✓ **Teacher Outcomes Include:** Increases in proactive classroom management strategies, improved parent-teacher collaboration, and reductions in stress

✓ **Child Outcomes Include:** Reductions in both externalizing and internalizing problems, and increases in emotional literacy, social skills, problem-solving, and school readiness

Get Started With Incredible Years!

Program Materials Include:



Video
Vignettes



Leader's
Manuals



Engaging
Activities



Posters



Music



Books



Puppets*

...and more!

Shop Program Sets At:
shop.incredibleyears.com

*Puppets are not included in program sets but can be purchased separately

Training, Consultation & Certification

In addition to the program sets and materials we provide, Incredible Years serves as a one-stop shop for all your training, ongoing support, and certification needs.

Training: To learn how to deliver the Incredible Years® early intervention programs to groups, organizations should have prospective group leaders attend a training workshop. The workshops are highly interactive, dynamic small-group training experiences led by accredited IY mentors/trainers. You may register for a pre-scheduled online training workshop, or you can host a workshop exclusively for staff at your site.

Consultation: Our team offers as-needed consultation to administrators, group leaders, and other staff to help with topics such as recruiting families, assessing outcomes, addressing clinical issues, and more.

Certification: To maximize the quality of group leader performance and maintain program fidelity, organizations can obtain Incredible Years certification/accreditation.

View Training Info & Upcoming Workshops At:
incredibleyears.com/training



www.incredibleyears.com