

For More
Information

On Sessions, Dates, and Location

Contact:

Fairfield County Family, Adult and
Children First Council

831 College Avenue
Lancaster, OH 43130

www.facfc.org

740-652-7287 or

pamela.redding@fairfieldcountyohio.gov

The PARENT PROJECT

Empowering Parents...

Transforming Teens

In Collaboration with:

- Family, Adult & Children First Council
- Fairfield County ADAMH



The
PARENT
PROJECT

The tougher it gets
to be a kid...



...the tougher it gets
to be a parent!

What is the Parent Project?

The Parent Project was created by a team of teachers, psychologists, law enforcement officers, & above all - **Parents!!** The course is designed to meet the specific needs of parents raising strong willed or out-of-control adolescents. It is unique because it focuses on prevention and suppression of the most destructive of adolescent behaviors.

Parent Project Philosophy

- The vast majority of parents love and care about their children.
- Parents are an essential key to successful children.
- When given skills and the necessary support, parents can and will make the difference.

The Parent Project Curriculum was created to...

- Help parents effectively demonstrate their love for their children
- Allow parents to experience early success
- Encourage parents to stay with the process
- Teach intervention/prevention strategies for:
 - Family conflict
 - School attendance and performance
 - Drug and alcohol use
 - Negative peer association
 - Violence and bullying
- Improve parent/child relationship
- Offer ongoing emotional and practical support for families

What's Involved?

- A ten week course
- One evening per week for three hours
- Dinner will be provided
- A parent manual to write in and keep
- A homework assignment each week
- A certificate of completion at the end of the course
- Cost is \$10.00 due at intake

No child care provided

Limited number of spaces available