

**For more information on:**

**Sessions**

(sessions offered once each quarter)

**Dates and Locations**

**Contact: Fairfield County  
Family, Adult and Children  
First Council**

**831 College Avenue  
Lancaster, Ohio 43130**

**740-652-7287**

**www.facfc.org**



**Fairfield County**



**Parent Education Classes**

**Parenting is hard -**

**Let us help!**



# Which class is right for you?

Fairfield County offers these  
**FREE** classes:

## First Five Years

Parenting Children Ages Birth-5

## Active Parenting

Parenting Children Ages 5-12

## Triple P

Parenting Children Ages Birth-10



- Single topic workshops
- 3, 4, & 5 Session Series

Helps parents raise responsible,  
cooperative children

Entertaining and informative

Video and discussion

**FREE** parent workbook

Certificate of completion provided

## First Five Years

**Parenting Children Ages Birth-5**

- Ages and stages of development
- How will you parent?
- Parent/child bonding
- Activities at home
- Choices and consequences

3-week series / 2 hours each week

## Active Parenting

**Parenting Children Ages 5-12**

- Teaching responsibility
- Discipline vs. punishment
- Active Communication
- Ways to help your child succeed in school
- How to start smiling with your kids again!

4-week series / 2 hours each week

## Triple P Seminars

**Parenting Children Ages Birth-10**

- Power of positive parenting techniques
- What causes kids' behaviors
- Setting goals for change
- Build positive relationship with your child

5-week series / 2 hours each week plus  
3 one-on-one phone / in-person sessions with  
group leader to make the information really  
work for your family!

## Triple P Workshops

**Parenting Children Ages Birth-10**

- Managing Fighting and Aggression:  
Solve problems & get along with others
  - Hassle-Free Shopping:  
Plan easy, calm trips out in public
  - Dealing with Disobedience:  
Getting kids to listen & what to do when  
they don't!
  - Developing Good Bedtime Routines:  
How to get kids to go to bed & stay there!
- Individual workshops / 2 hours each