

Bedtime routines. Managing anger.

Get tips on these topics and more!

FREE

Parenting Workshops

"Triple P"
Positive Parenting Program

Developing Good Bedtime Routines

Tuesday, April 2nd 6:30-8:30pm

Get advice on getting your kid to go to bed—and staying there!

Managing Fighting and Aggression

Tuesday, April 9th 6:30-8:30pm

Learn strategies for teaching kids to solve problems and get along with others.

Dealing with Disobedience

Tuesday, April 23rd 6:30-8:30pm

Get tips on how to get kids to listen and follow directions – and what to do when they don't!

Hassle-Free Shopping with Children

Tuesday, May 14th 6:30-8:30pm

See how to plan for easy, calm trips out in public and how to deal when kids act up.

Managing Fighting and Aggression & Hassle-Free Shopping will be held at FC Agriculture Center, 831 College Avenue, Lancaster

To register for all classes:
Contact Family, Adult & Children First
Council at 740-652-7287 or
pamela.redding@fairfieldcountyohio.gov

Developing Good Bedtime Routines & Dealing with Disobedience will be held at Sanderson Early Childhood Center, 1450 Marietta Rd, Lancaster

***On-site CHILDCARE available for Developing Good Bedtime Routines & Dealing with Disobedience!! ***





