

# 2010 Youth Survey

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Fairfield County ADAMH Board  
Fairfield County Family Adult & Children First  
Prevention Works of Fairfield County

August 18, 2010



# 2533 Youth Surveyed

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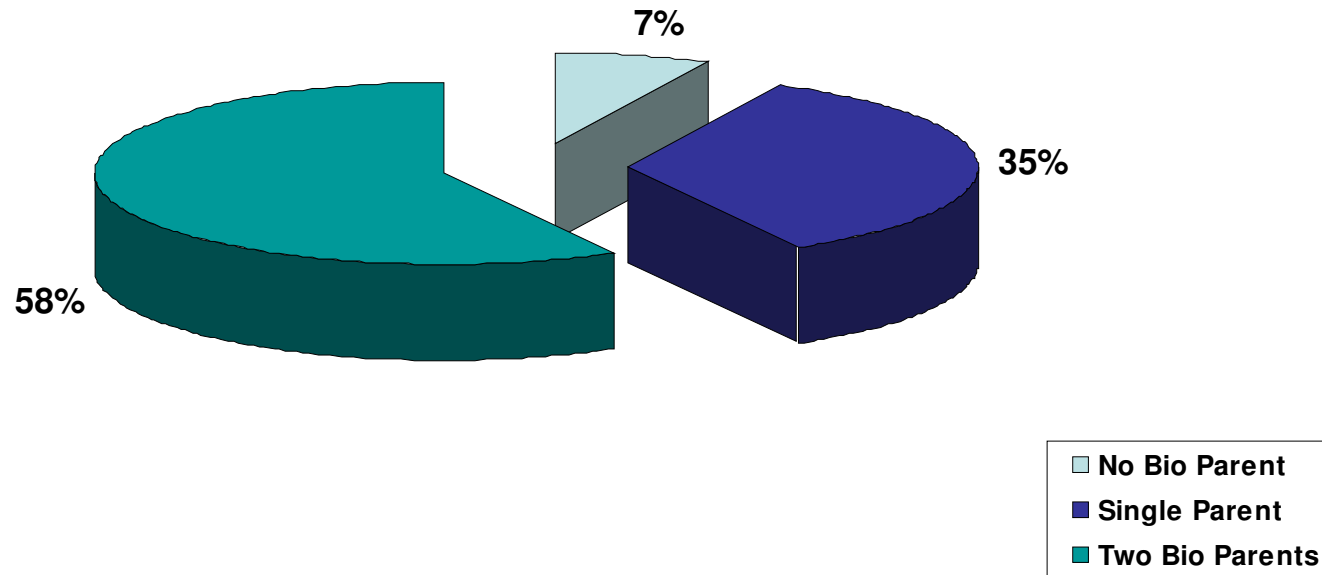
## Participating Schools

Amanda - Clearcreek Local School District  
Berne Union Local School District  
Bloom - Carroll Local School District  
Fairfield Christian Academy  
Fairfield Union Local School District  
Fisher Catholic High School  
Lancaster City School District  
Liberty Union -Thurston Local School District  
Pickerington Local School District - Central  
Pickerington Local School District - North  
Walnut Township Local School District



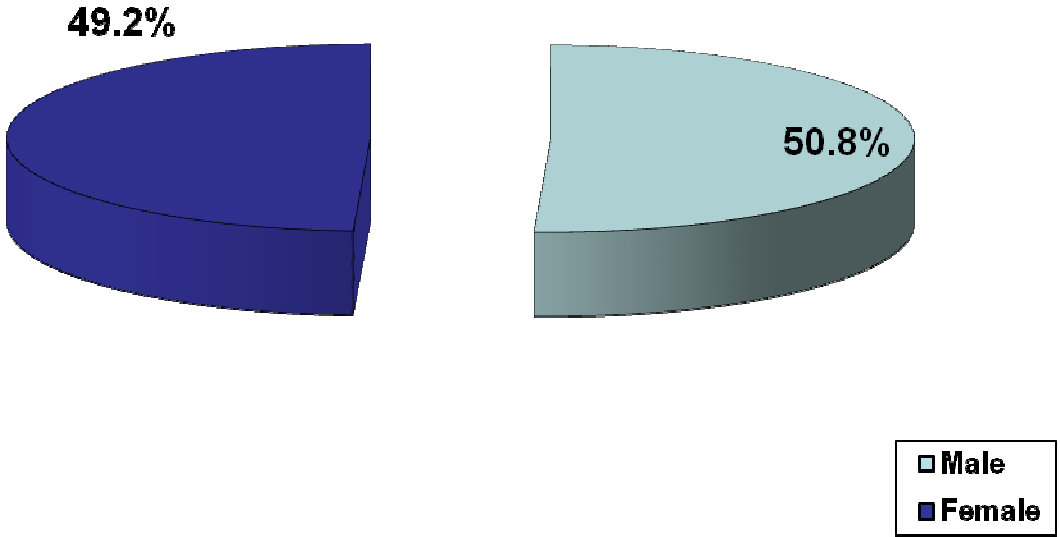
# Student Demographics Family Status

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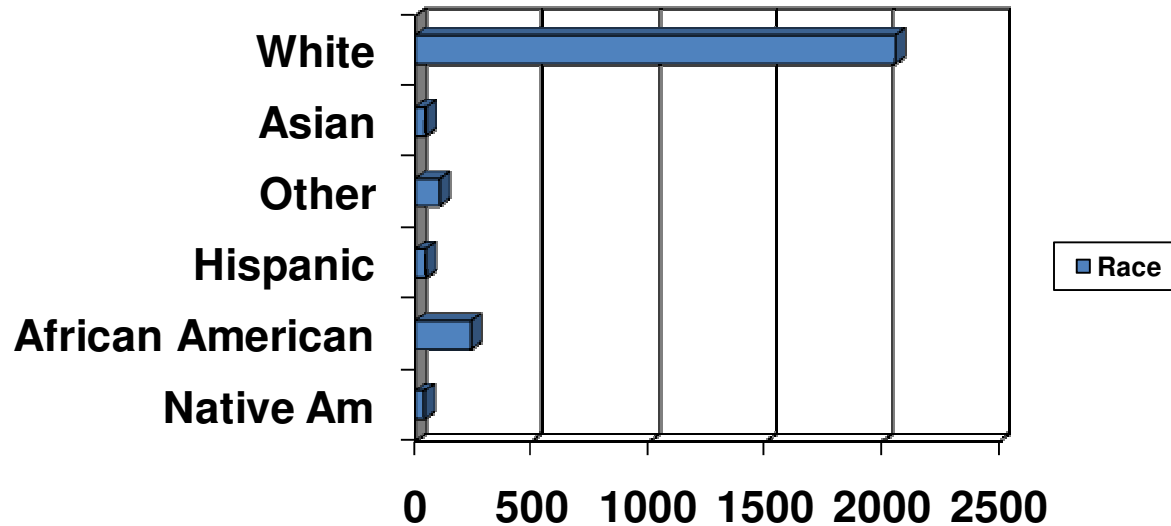
# Student Demographics - Gender

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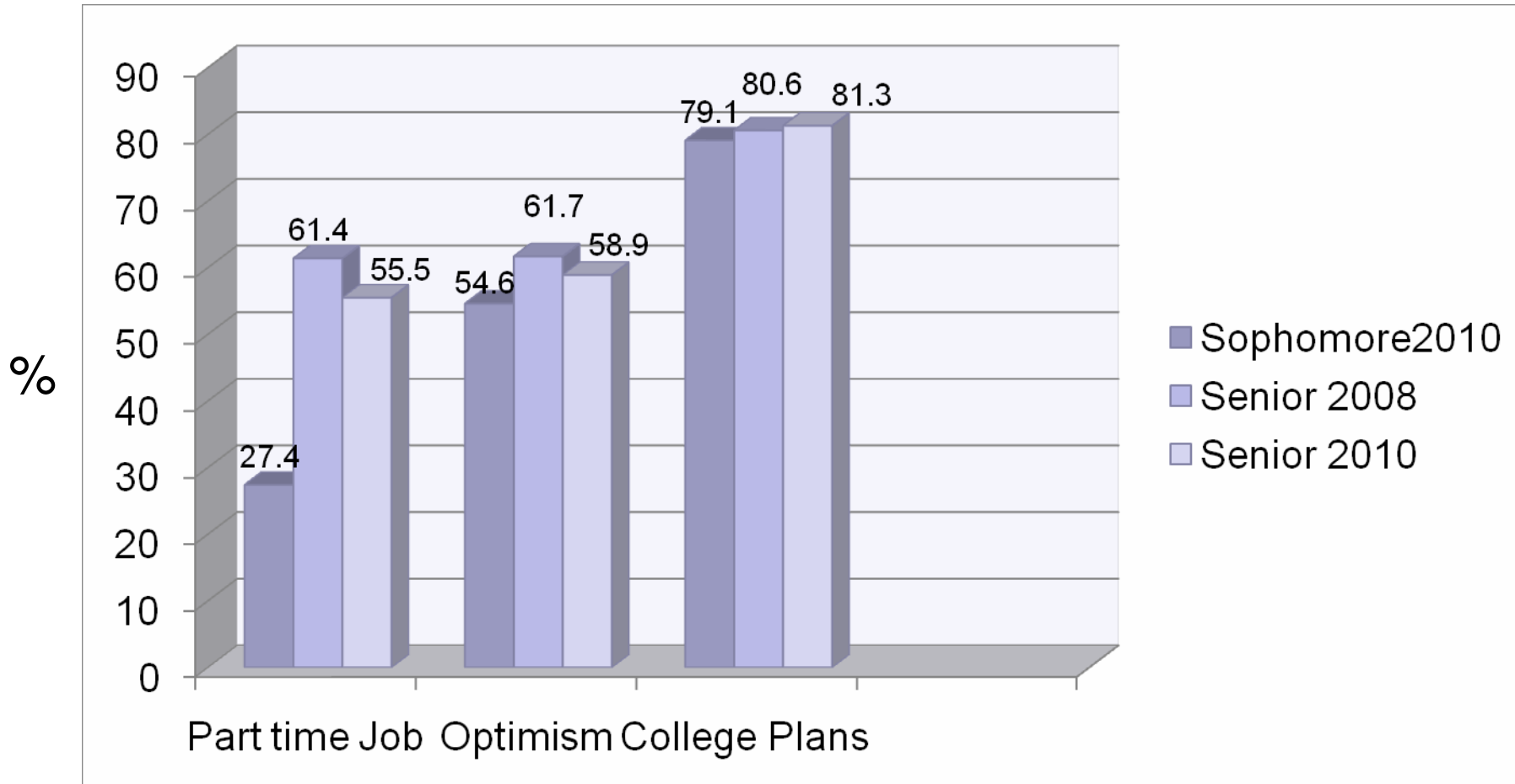
# Student Demographic - Ethnicity

Number (#) of students



# Student Profile – 2010

## Jobs, Optimism, College



# Fairfield County and the Nation Lifetime Prevalence – Seniors 2010

%	Fairfield County 2010	Nation* 2009
Alcohol	79.4	72.3
Tobacco	48	43.6
Marijuana	44.4	42
Rx	20.3	20.2 (2009 YRBSS)
Inhalants	7.6	9.5
Cocaine	7.6	6.0
Heroin	3.9	1.2
Methamphetamine	2.9	2.4
Steroid	2.7	2.2

\* 2009 Monitoring the Future



# Fairfield County and the Nation Thirty-Day Prevalence – Seniors 2010

%	Fairfield County 2010	Nation * 2009
Alcohol	34.7	43.5
Tobacco	22.5	20.1
Marijuana	20.3	20.6
Rx	5.7	Not available
Inhalants	0.8	1.2
Cocaine	1.2	1.3
Heroin	1.4	.4
Methamphetamine	1.0	.5
Steroid	1.9	1.0

\* 2009 Monitoring the Future



# Perception of Harm (On a scale of 1 to 3) Seniors 2010

%	2004	2006	2008	2010
Alcohol	1.60	1.71	1.82	1.79
Tobacco	2.00	1.98	1.98	2.04
Marijuana	2.10	2.03	2.05	1.81
Rx Drugs	2.30	2.34	2.46	2.49
Heroin	2.90	2.90	2.92	2.93

1 = lowest harm

3 = greatest harm

**Conclusion:** Need to monitor closely-- Declines in perception of harm can influence an increase in use rates

# Age of Onset Seniors 2010

Years	2004	2006	2008	2010
Alcohol	14.31	14.41	14.58	<b>14.05</b>
Tobacco	13.78	13.94	14.34	<b>14.01</b>
Marijuana	14.63	14.60	14.89	<b>14.65</b>
Rx Drugs	14.85	14.59	15.60	<b>14.84</b>

**Conclusion:** The age of onset for all four substances is going down (getting younger), which increases the risk of harmful involvement later on.

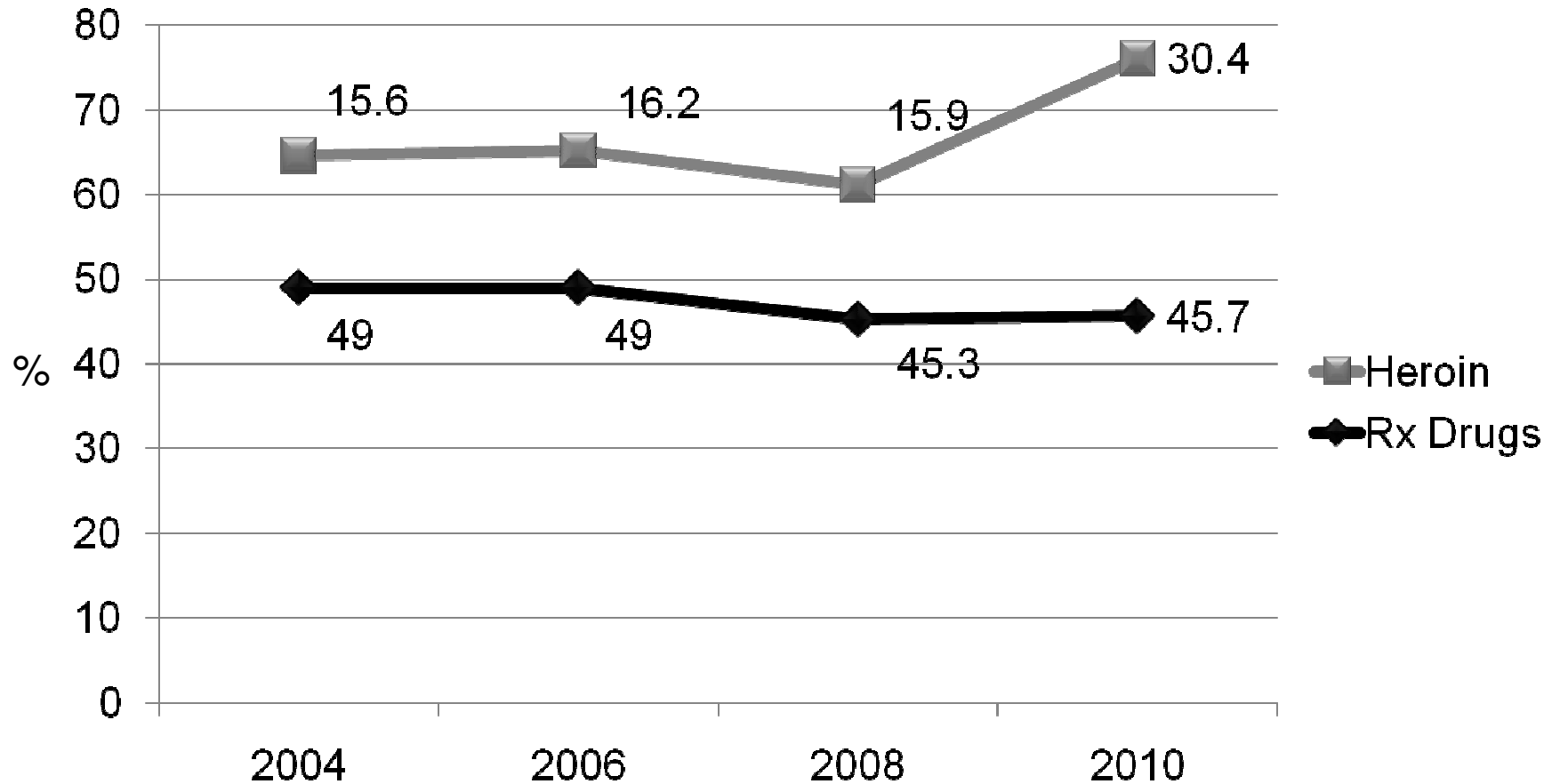
# Access Very Easy and Somewhat Easy

%	2004	2006	2008	2010
Alcohol 12th	85	84.2	84.2	83.3
Tobacco 12th	85.5	84.7	75.3	84.3
Marijuana 12th	69	67.3	66.2	73.1
Rx 12th	49	49	45.3	45.7
Rx 10th	48	46.5	46.9	38.2
Heroin 12th	15.6	16.2	15.9	30.4
Heroin 10th	15.7	13.2	13.7	22.3

% of Seniors 2010

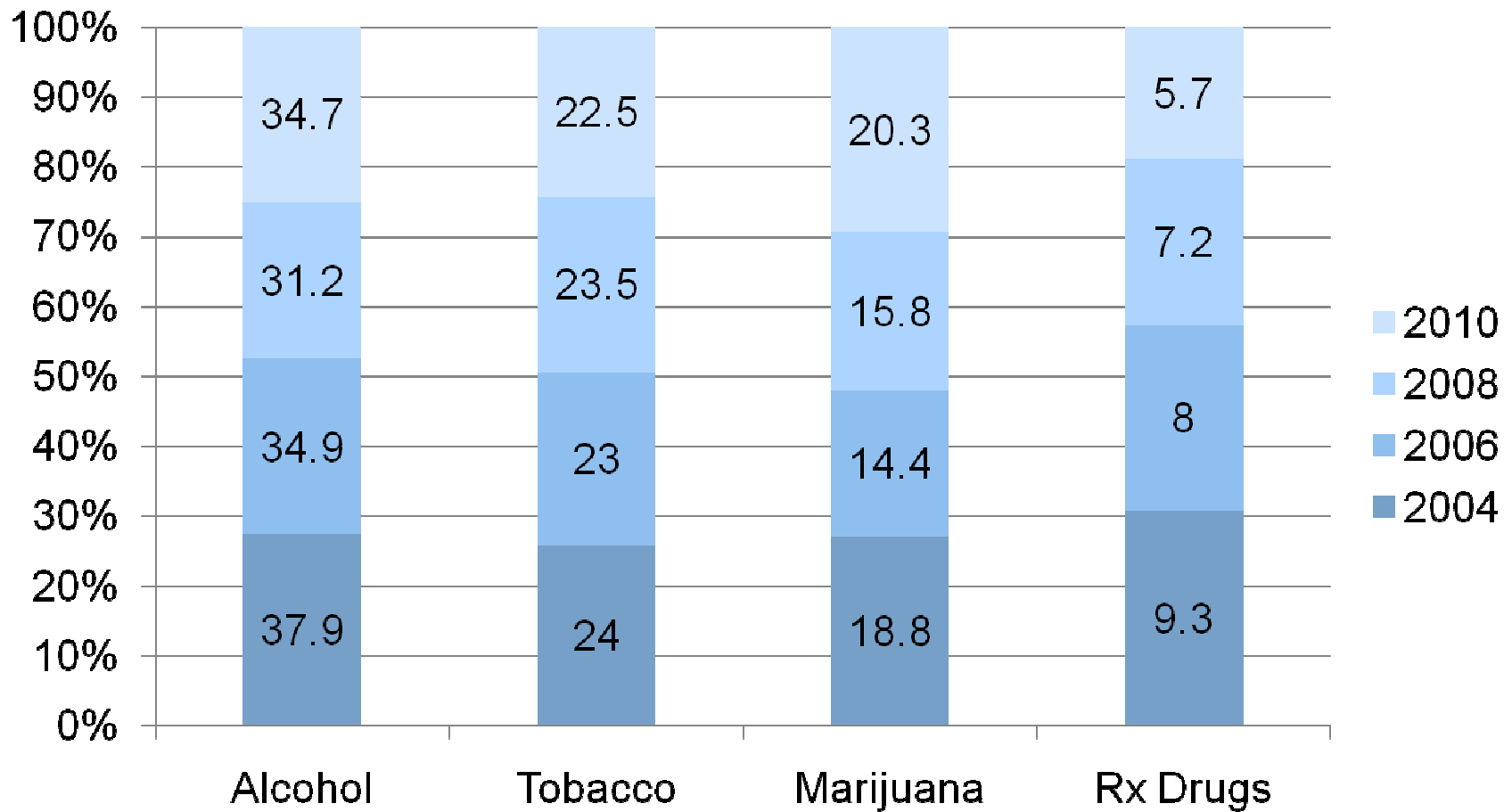
# Ease of Access Trend

Prescription Drugs (Rx) and Heroin (12<sup>th</sup> grade)  
% of Seniors indicating very easy and somewhat easy access



# Frequent Use Rates over Time 2004 - 2010

Seniors

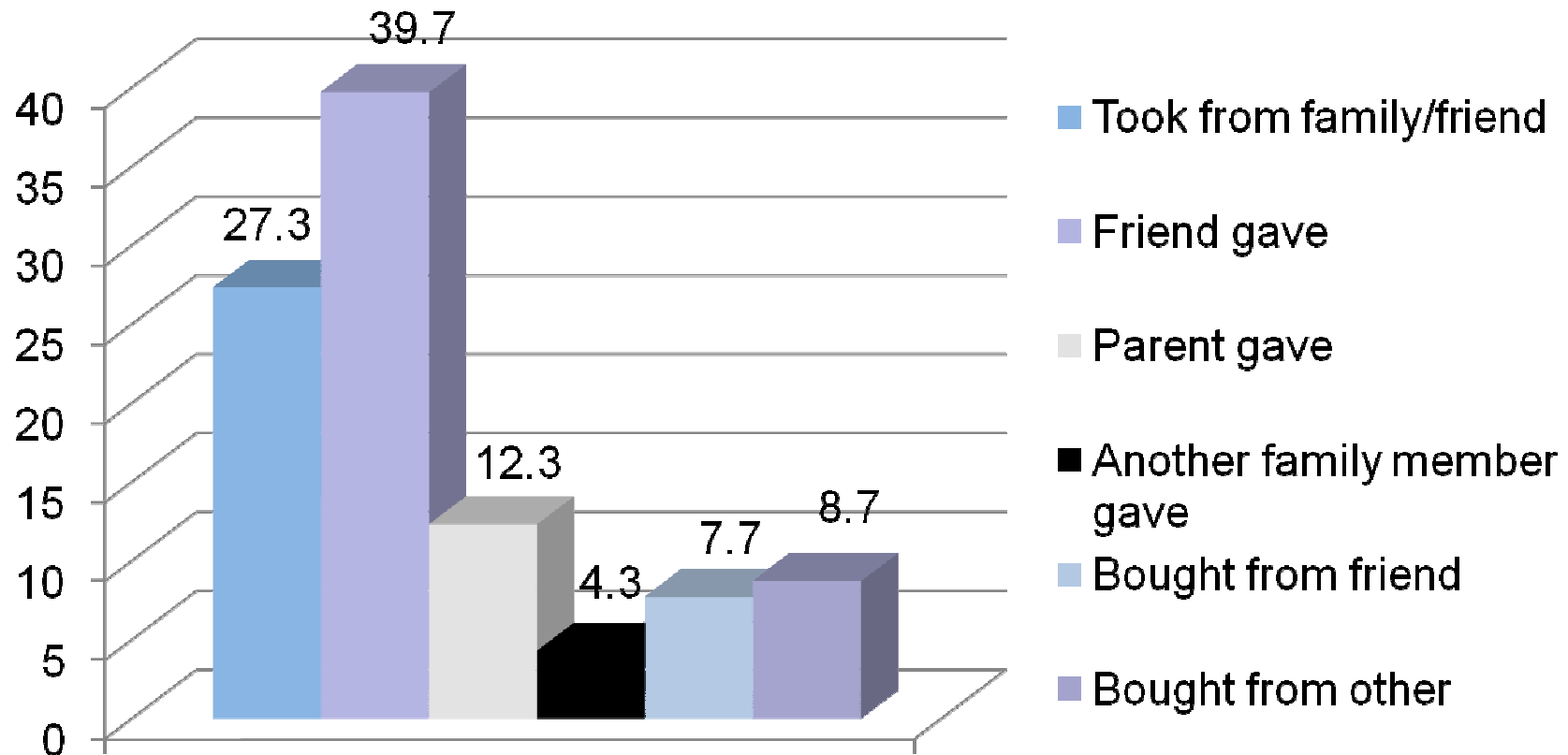


# Illegal Prescription Drug Use Seniors

% of Seniors  
Used In Past Thirty Days (Frequent Use)

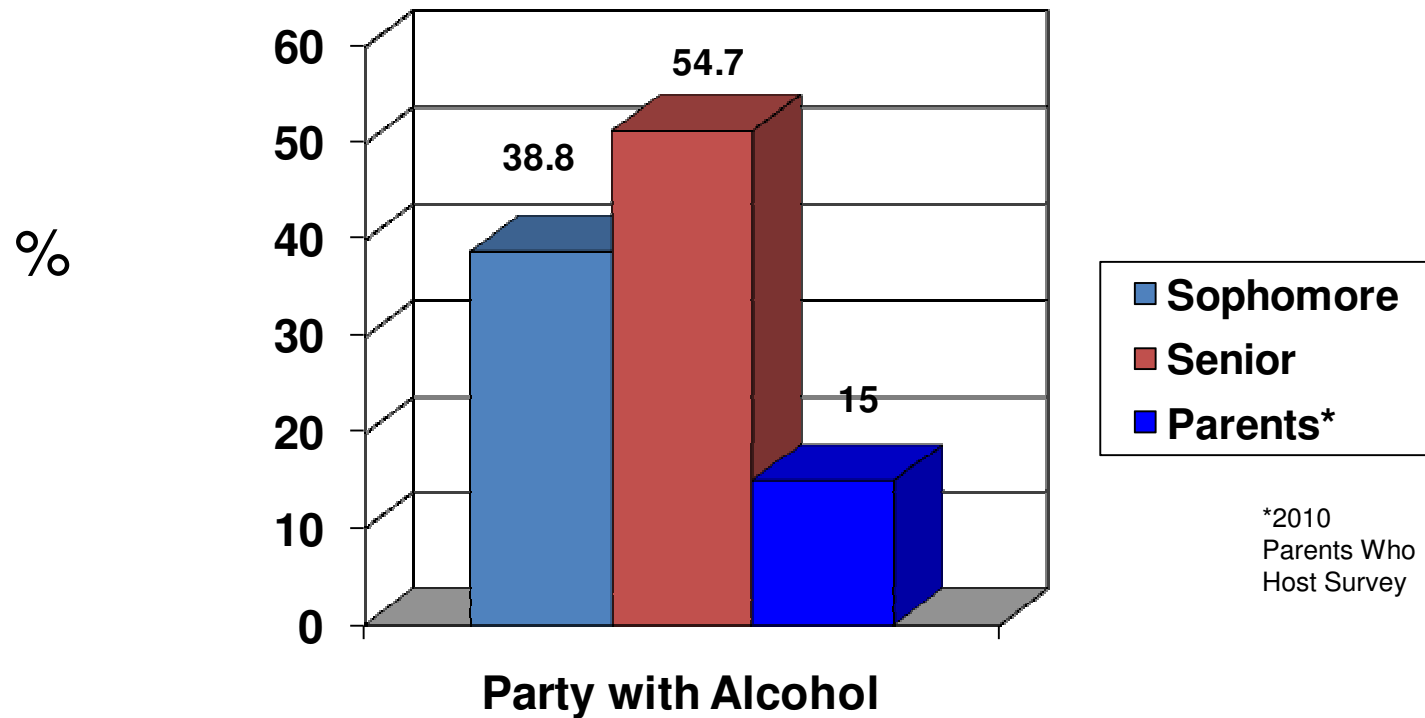
%	2004	2006	2008	2010
Seniors (12 <sup>th</sup> grade)	9.3	8	7.2	5.7
Sophomores (10 <sup>th</sup> grade)	8.2	6.9	7.2	4.6

# Where are students getting Prescription (Rx) Drugs?

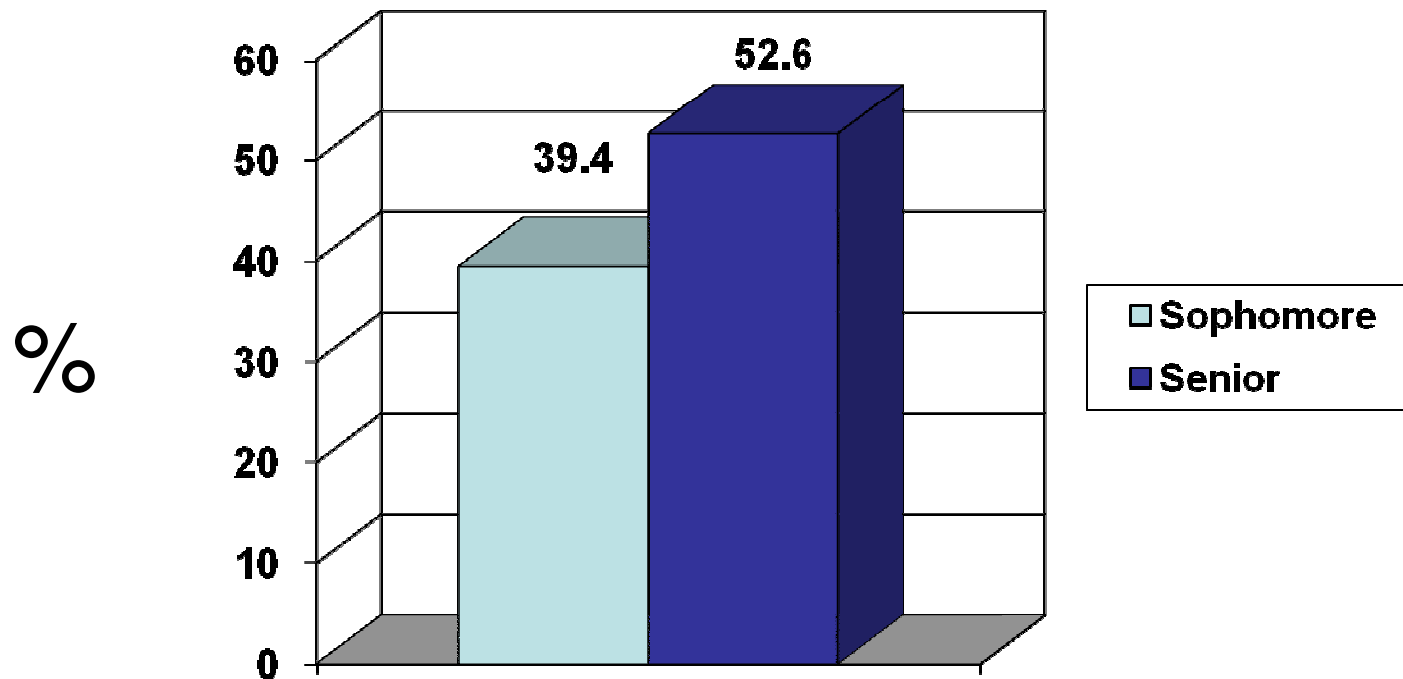


Where do students get Rx

# Attended Party Where Parents Allow Alcohol- Youth Report vs. Parent's Perception

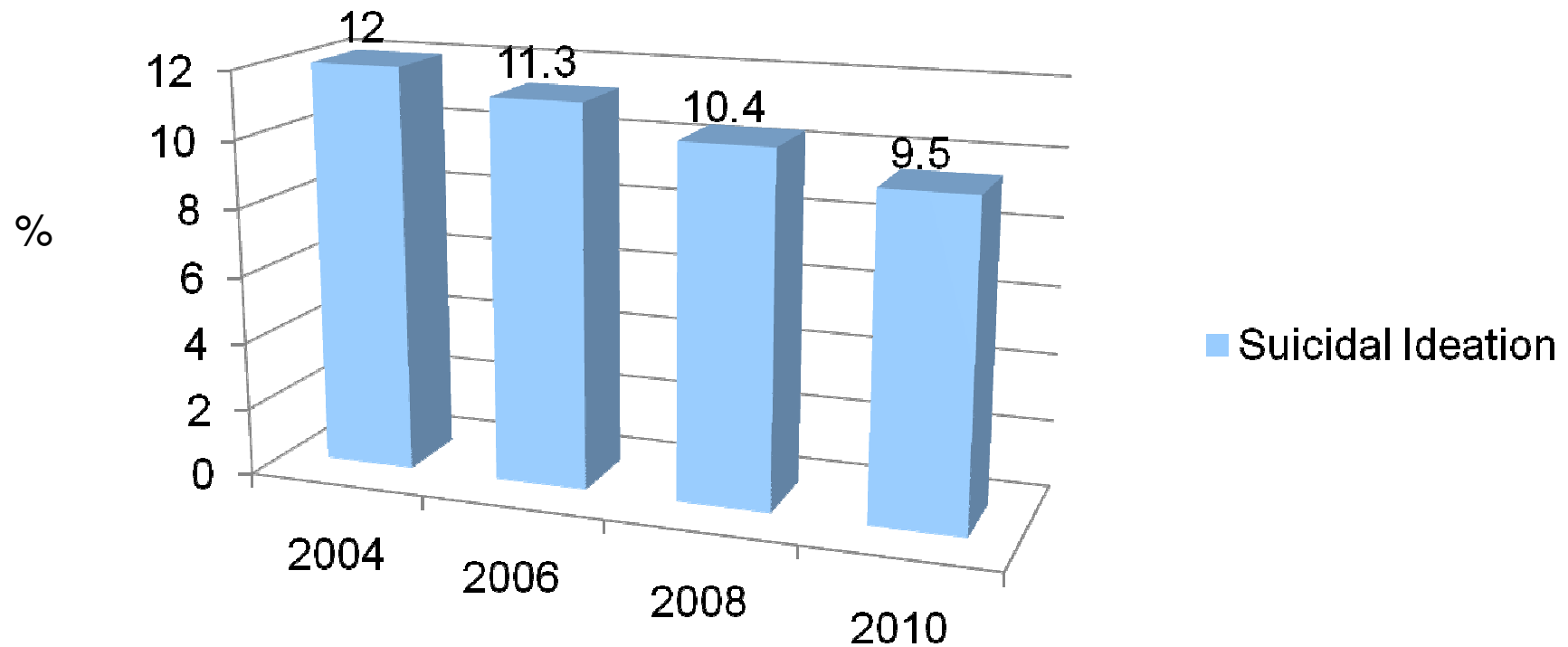


# Binge Drinking- Had 5 or more within a few hours

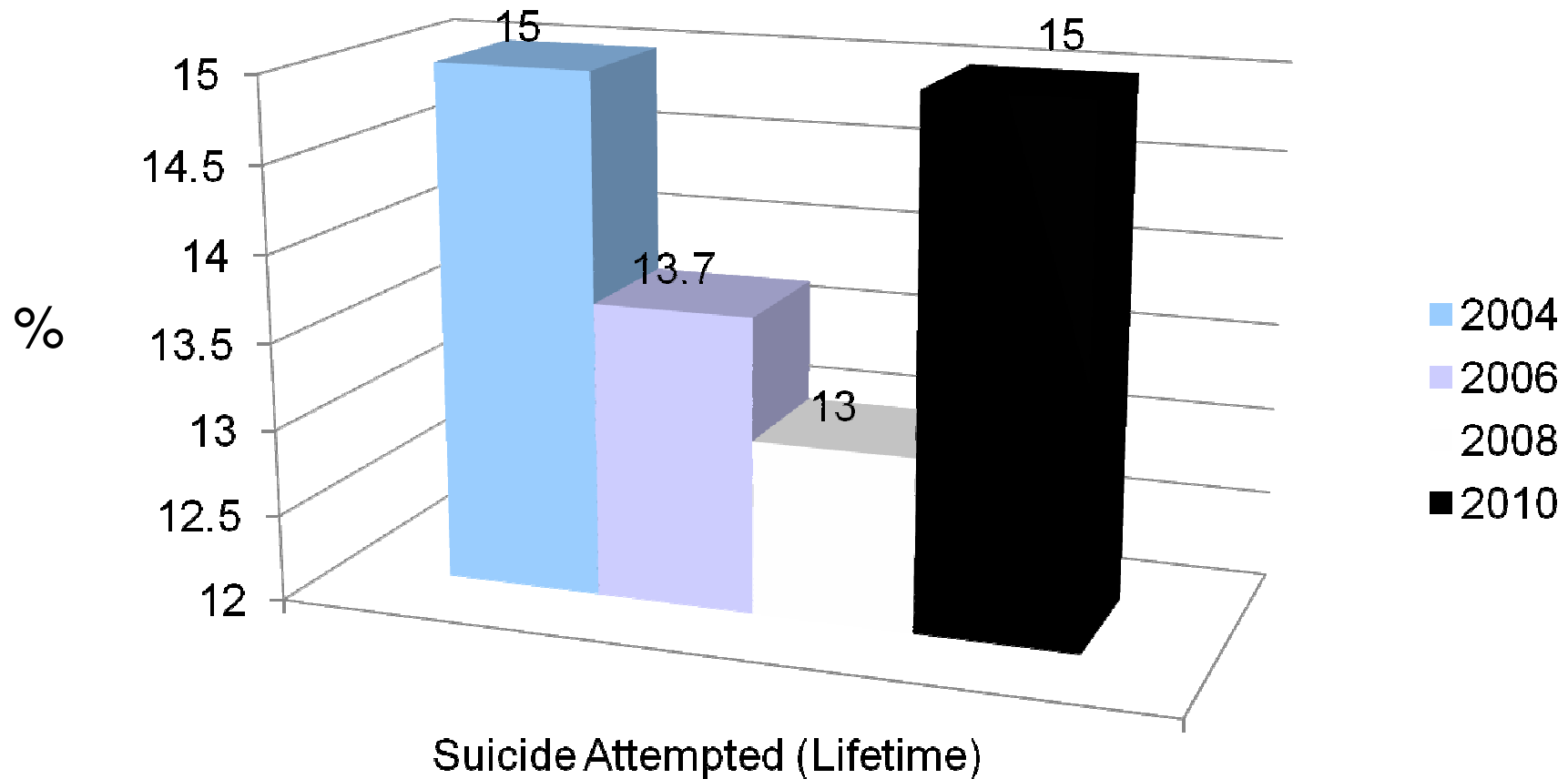


# Suicidal Thoughts Past Month

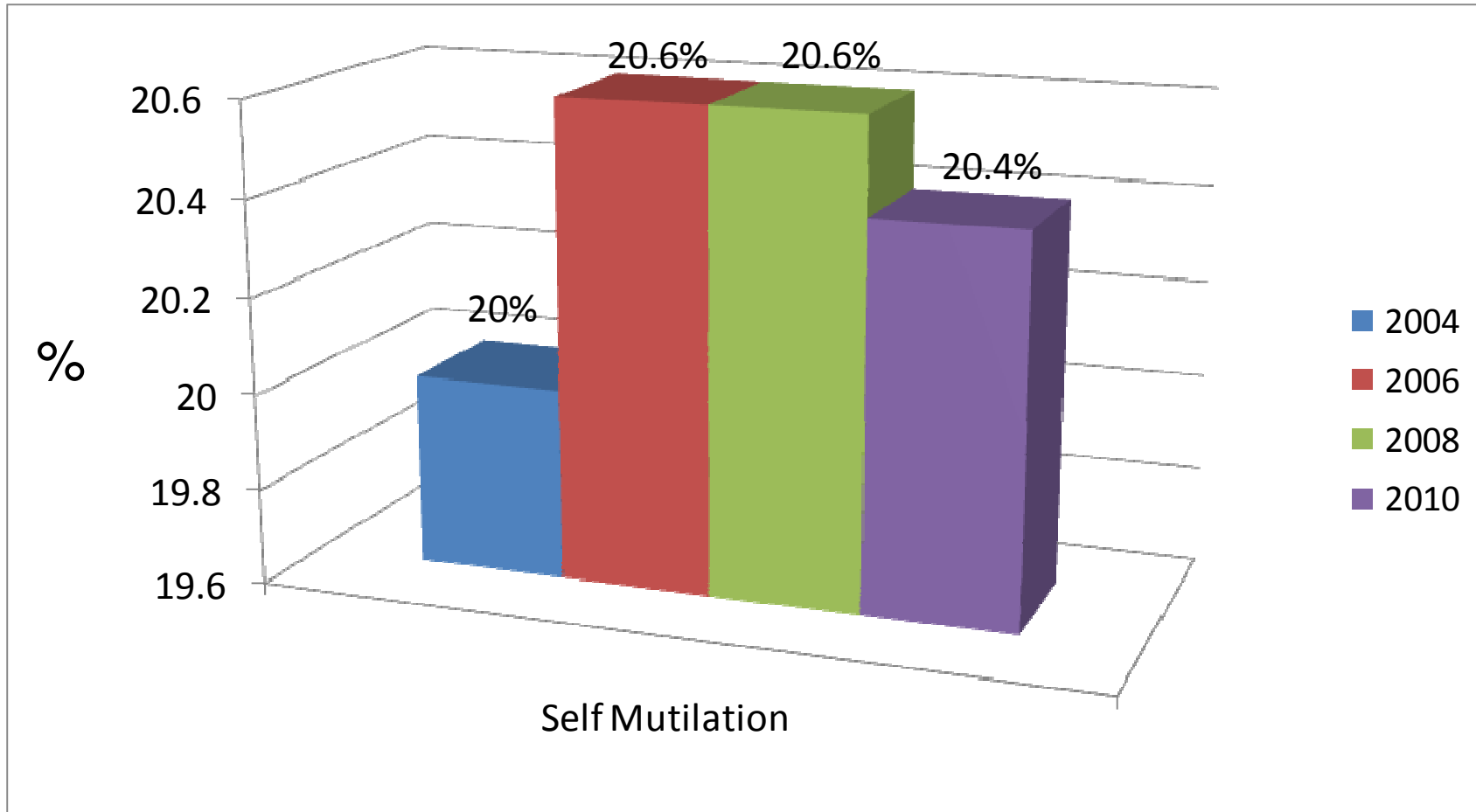
Suicidal Ideation - % Seniors



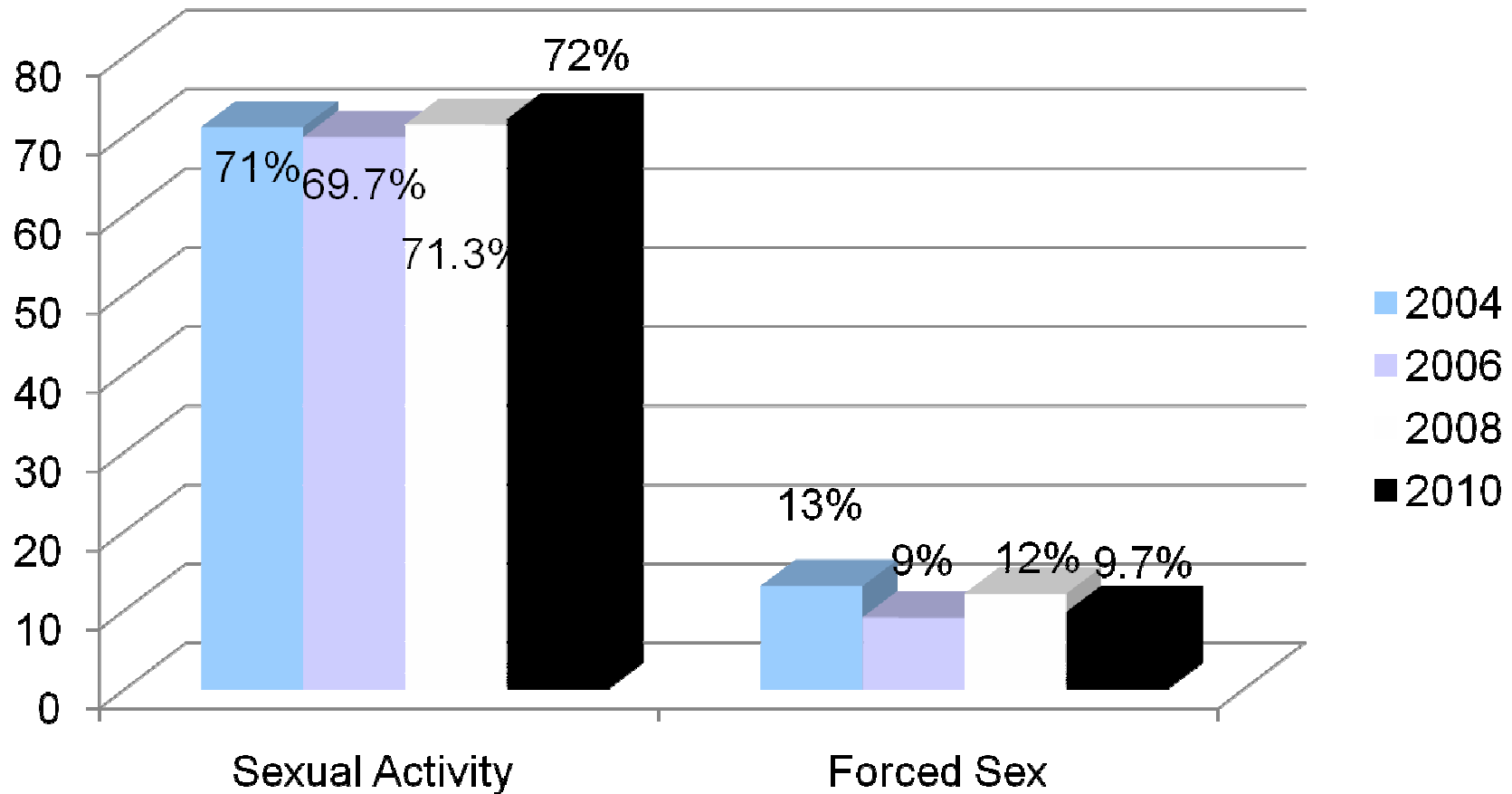
# Suicide Attempts – Lifetime % Seniors 2010



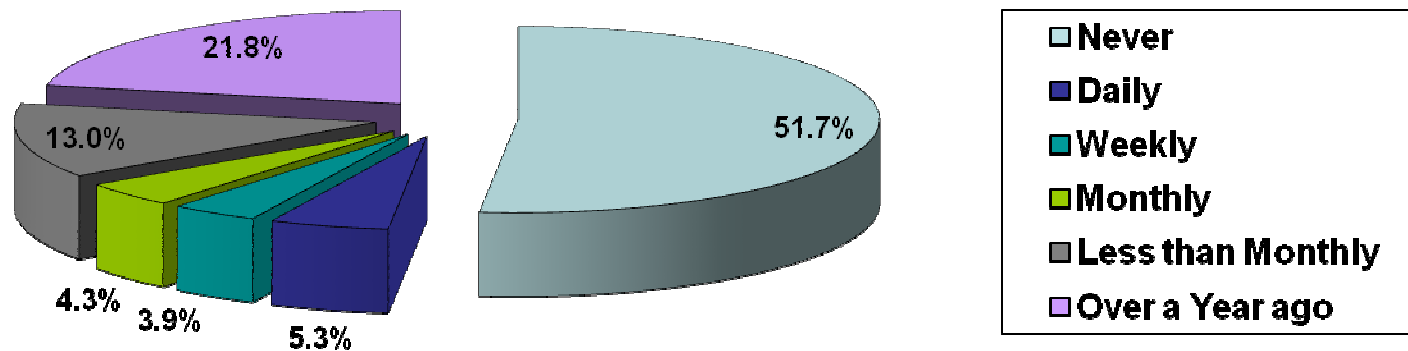
# Self Mutilation – Lifetime % Seniors



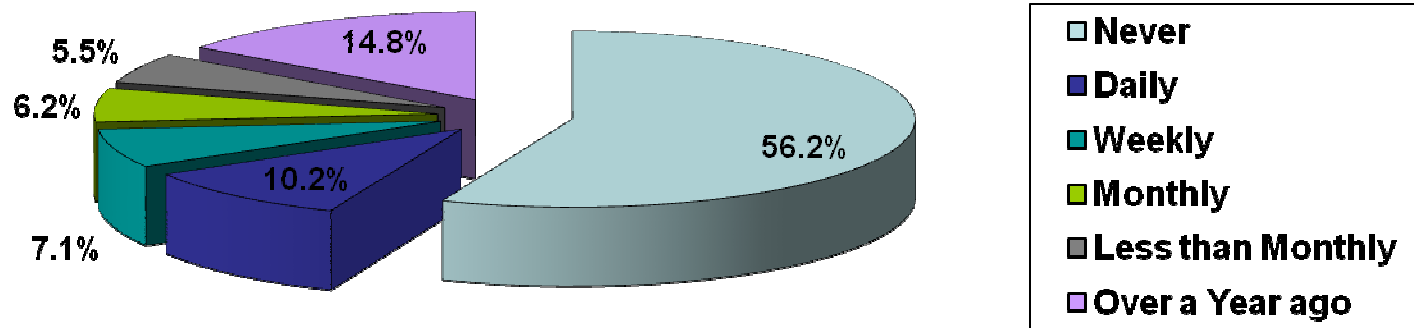
# Sexual Activity % of Seniors



# Have You Been Bullied or Teased?



# Have You Bullied or Teased Others?



# Protective Factors

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- ***Clear Boundaries & Expectations***
  - Parents & Schools: set rules, enforce rules, punish for breaking
    - In 2010, 79.1% of students reported that their parents set clear rules and 74.2% report that their parents punish them for breaking these rules.

# Protective Factors

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- ***Positive Youth Development***

- Participating in positive activities: faith, school sports, community activities

- ***Academic Achievement***

- Good grades and school attendance

- ***Trusted Adult***

- at Home or School

- In 2010, Seniors reported that 87.6% had a trusted adult at home and 67.8% had a trusted adult at school.

# Parents Always and Often

%	2004	2006	2008	2010
Parents Involved in School	59	64	60.7	59
Parents Set Clear Rules	78	81.7	76.7	79.1
Parents Enforce Rules	75	76	76.6	74.2

% Seniors 2010

# Protective Factors Parents

2010 Seniors - % Who have never used

2010	% of total students surveyed	Parents set clear rules	Parents enforce rules	Parents talk about harmful effects	Parents are involved at school
Alcohol	20.6	30.7	32.5	35.8	32.2
Tobacco	52.0	67.5	68	70.7	66.8
Marijuana	55.6	64.5	66.3	72.1	66
Rx Drugs	79.7	84.9	85.9	85.5	86.1

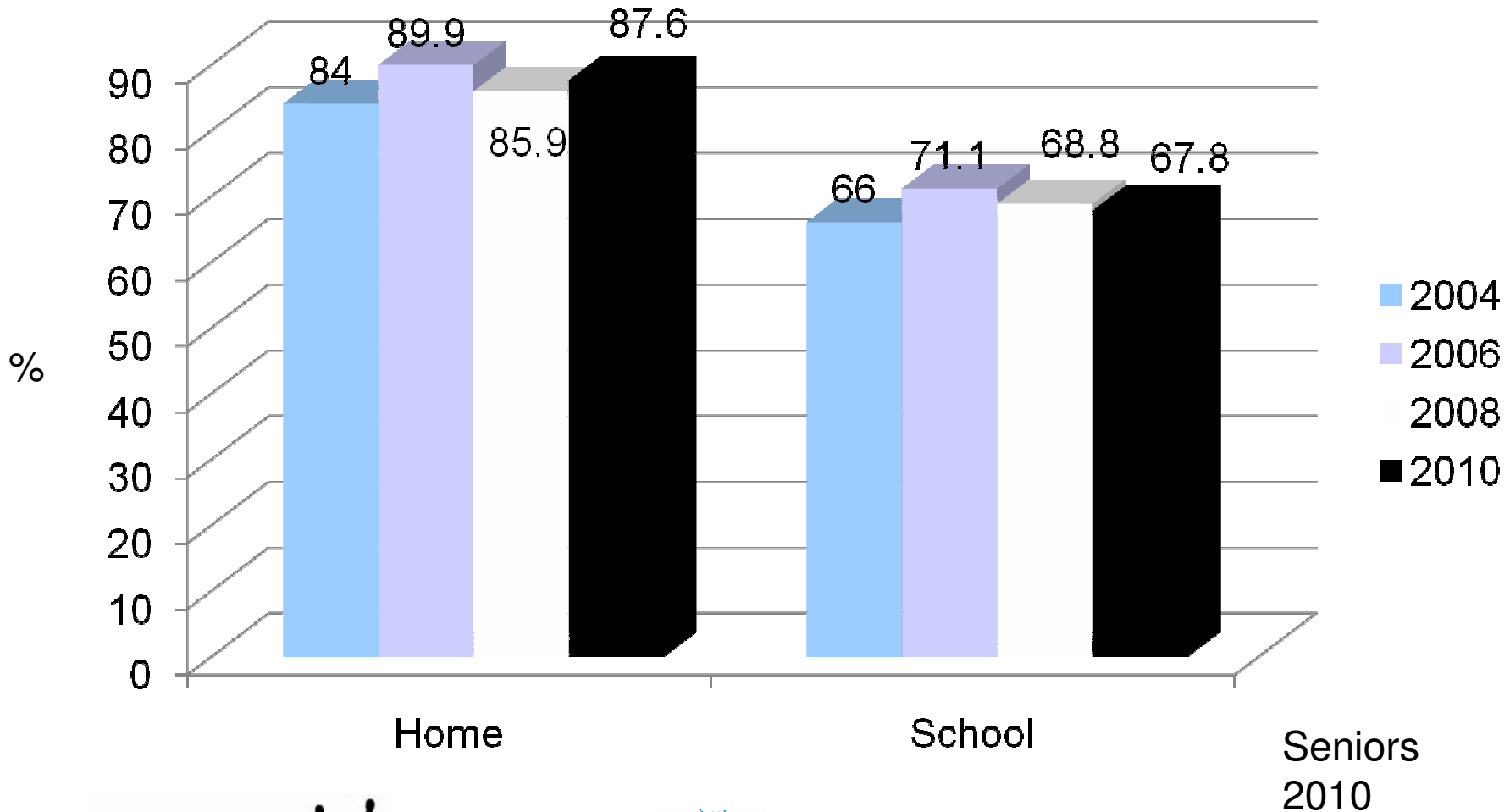
# Protective Factors

## School and Community Activities

2010 Seniors - % who have never used

2010	% of total students surveyed	Involved in community activities	Involved in school activities	involved in school sports
Alcohol	20.6	36.7	31.1	27.5
Tobacco	52.0	74.5	73.3	70.7
Marijuana	55.6	74.6	68.7	62.9
Rx Drugs	79.7	90.2	87.6	84.8

# Trusted Adult At Home and At School



# Key Points

## Alcohol and Marijuana Use Increasing

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- Youth/children are using younger
- Frequent use (30 day) for both marijuana and alcohol is up
- Perception of harm is down for both alcohol and marijuana
  - Marijuana down from 2.05 to 1.81 (on a 3 point scale)
- Ease of access for marijuana is up (66.2% to 73.1%)
- Parents are allowing alcohol at parties (54.7% of seniors report)
- Of the youth who drink over half (52.6%) binge drink

# Key Points

## Prescription (Rx) Drug Use

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- The good news
  - Thirty (30) day use is down
  - Lifetime use is down
  - Perception of Harm is up
- The bad news
  - Youth are using at a younger age
  - 45.7% of seniors report prescription drugs are very easy and somewhat easy to obtain
    - Friends, stealing, purchase
  - Prescription drugs (opiates) can often lead to heroin use

# Key Points Heroin

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- More bad news
  - Access to heroin as reported by Fairfield County seniors (2010) is almost double than in 2008
  - 2010 Lifetime prevalence rates for Fairfield County seniors is slightly more than three times greater than the National rate

# What's Working?

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- **Increasing awareness and readiness**
  - Media, tools for parents
- **Providing education and support**
  - Training and local coalition development
- **Encourage best practices and advocate for policy change**
  - Responsible beverage service, social host laws, outdoor festival policies, compliance checks
- **Families**
  - Setting and enforcing rules and talking to your kids makes a difference
  - Youth activities



# Community

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- Preventing teen drug and alcohol use takes a full community effort.
- Substance abuse has many interrelated causes, and no single program or agency can address them all.
- Due to the nature of this work, the effort must be consistently sustained for results to accrue over time.
- Prevention works - protective factors are increasingly more effective, again causing use rates to go down.
- Collaboration works - Shifts in community attitudes continue to drive drug use rates down.

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# Questions and Answers??